



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

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Club: EDEKA-Team ERFURT
Number: 180

Course: 100.22 km
Einzellauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 13:51:35

Speed: 7.22 km/h
Running performance: 8:18 min/km

Rank in course/Total: 86 (of 246)

Rank in course/Men: 80 (of 215)

Best time in course: 8:53:45

Rank in category: 13(of 23)

Best time in the category: 10:13:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:13:08	7:03	12	51:35	85	1:02:11	27.39	3:13:08	7:03	12	51:35	85	1:02:11
Floh-Seligenthal	27.74	3:17:52	7:07	13	49:16	87	56:12	55.13	6:31:00	7:05	11	1:35:58	80	1:58:23
Finsterbergen	22.03	3:17:07	8:56	11	54:26	67	1:27:33	77.16	9:48:07	7:37	12	2:23:30	70	3:03:44
Fröttstädt	23.06	4:03:28	10:33	15	1:41:14	90	1:54:06	100.22	13:51:35	8:17	13	3:37:37	80	4:57:50