



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Herder, Evelyn

Club: Berlin
Number: 90

Course: 100.22 km
Einzellauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 14:06:59

Speed: 7.10 km/h
Running performance: 8:27 min/km

Rank in course/Total: 91 (of 246)

Rank in course/Women: 8 (of 31)

Best time in course: 11:16:52

Rank in category: 2(of 3)

Best time in the category: 14:05:15

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:19:53	7:17	2	3:47	8	39:45	27.39	3:19:53	7:17	2	3:47	8	39:45
Floh-Seligenthal	27.74	3:27:43	7:29	2	11:25	9	38:18	55.13	6:47:36	7:23	2	15:12	9	1:18:03
Finsterbergen	22.03	3:22:54	9:12	1	-	7	37:17	77.16	10:10:30	7:54	2	2:55	8	1:55:20
Fröttstädt	23.06	3:56:29	10:15	1	-	9	54:47	100.22	14:06:59	8:27	2	1:44	8	2:50:07