



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Förkel, Detlev

Club: HSV

Number: 276

Course: 100.22 km

Einzellauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 14:16:31

Speed: 7.01 km/h

Running performance: 8:33 min/km

Rank in course/Total: 96 (of 246)

Rank in course/Men: 87 (of 215)

Best time in course: 8:53:45

Rank in category: 17(of 59)

Best time in the category: 9:28:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:49:05	6:10	6	31:52	36	38:08	27.39	2:49:05	6:10	6	31:52	36	38:08
Floh-Seligenthal	27.74	2:56:08	6:20	7	33:53	36	34:28	55.13	5:45:13	6:15	7	1:05:45	35	1:12:36
Finsterbergen	22.03	3:06:11	8:27	6	44:20	51	1:16:37	77.16	8:51:24	6:53	5	1:50:05	34	2:07:01
Fröttstädt	23.06	5:25:07	14:05	45	2:57:39	170	3:15:45	100.22	14:16:31	8:32	17	4:47:44	87	5:22:46