



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Stammer, Uwe

Club: BW Hettstedt
Number: 181

Course: 100.22 km
Einzellauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 14:19:08

Speed: 6.98 km/h
Running performance: 8:34 min/km

Rank in course/Total: 97 (of 246)

Rank in course/Men: 88 (of 215)

Best time in course: 8:53:45

Rank in category: 13(of 31)

Best time in the category: 10:44:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:06:23	6:48	11	47:22	69	55:26	27.39	3:06:23	6:48	11	47:22	69	55:26
Floh-Seligenthal	27.74	3:19:11	7:10	11	49:12	90	57:31	55.13	6:25:34	6:59	12	1:36:34	73	1:52:57
Finsterbergen	22.03	3:42:26	10:05	19	1:13:36	104	1:52:52	77.16	10:08:00	7:52	13	2:34:48	85	3:23:37
Fröttstädt	23.06	4:11:08	10:53	16	1:26:43	105	2:01:46	100.22	14:19:08	8:34	13	3:34:30	88	5:25:23