



9. Thüringer ULTRA  
Fröttstädt / 04.07.2015

Detailed evaluation

Boehl, Folker

Club: Essen  
Number: 116

Course: 100.22 km  
Einzellauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 14:31:55

Speed: 6.88 km/h  
Running performance: 8:42 min/km

Rank in course/Total: 103 (of 246)

Rank in course/Men: 93 (of 215)

Best time in course: 8:53:45

Rank in category: 19(of 59)

Best time in the category: 9:28:47

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:21:24	7:21	32	1:04:11	117	1:10:27	27.39	3:21:24	7:21	32	1:04:11	117	1:10:27
Floh-Seligenthal	27.74	3:14:21	7:00	17	52:06	75	52:41	55.13	6:35:45	7:10	22	1:56:17	90	2:03:08
Finsterbergen	22.03	3:39:44	9:58	21	1:17:53	97	1:50:10	77.16	10:15:29	7:58	20	3:14:10	91	3:31:06
Fröttstädt	23.06	4:16:26	11:07	26	1:48:58	119	2:07:04	100.22	14:31:55	8:42	19	5:03:08	93	5:38:10