



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Thiel, Sebastian

Club: Berlin

Number: 5

Course: 100.22 km

Einzellauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 14:34:13

Speed: 6.88 km/h

Running performance: 8:43 min/km

Rank in course/Total: 108 (of 246)

Rank in course/Men: 98 (of 215)

Best time in course: 8:53:45

Rank in category: 15(of 31)

Best time in the category: 10:44:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:22:41	7:23	20	1:03:40	121	1:11:44	27.39	3:22:41	7:23	20	1:03:40	121	1:11:44
Floh-Seligenthal	27.74	3:28:34	7:31	16	58:35	107	1:06:54	55.13	6:51:15	7:27	17	2:02:15	112	2:18:38
Finsterbergen	22.03	3:38:37	9:55	15	1:09:47	93	1:49:03	77.16	10:29:52	8:09	17	2:56:40	101	3:45:29
Fröttstädt	23.06	4:04:21	10:35	13	1:19:56	91	1:54:59	100.22	14:34:13	8:43	15	3:49:35	98	5:40:28