



9. Thüringer ULTRA  
Fröttstädt / 04.07.2015

Detailed evaluation

Diekmann, Jörg

Club: Triathlonverein Fürstenwalde 1990  
Number: 127

Course: 100.22 km  
Einzellauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 14:44:31

Speed: 6.80 km/h  
Running performance: 8:50 min/km

Rank in course/Total: 111 (of 246)

Rank in course/Men: 101 (of 215)

Best time in course: 8:53:45

Rank in category: 23(of 59)

Best time in the category: 9:28:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:34:56	7:50	46	1:17:43	153	1:23:59	27.39	3:34:56	7:50	46	1:17:43	153	1:23:59
Floh-Seligenthal	27.74	3:28:00	7:29	27	1:05:45	104	1:06:20	55.13	7:02:56	7:40	34	2:23:28	124	2:30:19
Finsterbergen	22.03	3:14:51	8:50	9	53:00	62	1:25:17	77.16	10:17:47	8:00	23	3:16:28	94	3:33:24
Fröttstädt	23.06	4:26:44	11:34	34	1:59:16	135	2:17:22	100.22	14:44:31	8:49	23	5:15:44	101	5:50:46