



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Steden, Georg

Club: Lauftreff Hadamar
Number: 256

Course: 100.22 km
Einzellauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 14:46:58

Speed: 6.78 km/h
Running performance: 8:51 min/km

Rank in course/Total: 112 (of 246)

Rank in course/Men: 102 (of 215)

Best time in course: 8:53:45

Rank in category: 24(of 59)

Best time in the category: 9:28:47

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total | | Total | | Total | | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
|------------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|--------|----------|--------|-----|---------|-----|-------------|----------------|------------|---------------|--------|
| | | | | | | | | km | Time | min/km | Pos | Behind | Pos | | | | | Behind |
| Glasbachwiese | 27.39 | 3:21:37 | 7:21 | 33 | 1:04:24 | 118 | 1:10:40 | 27.39 | 3:21:37 | 7:21 | 33 | 1:04:24 | 118 | 1:10:40 | | | | |
| Floh-Seligenthal | 27.74 | 3:39:54 | 7:55 | 35 | 1:17:39 | 129 | 1:18:14 | 55.13 | 7:01:31 | 7:38 | 33 | 2:22:03 | 122 | 2:28:54 | | | | |
| Finsterbergen | 22.03 | 3:43:05 | 10:07 | 25 | 1:21:14 | 106 | 1:53:31 | 77.16 | 10:44:36 | 8:21 | 29 | 3:43:17 | 110 | 4:00:13 | | | | |
| Fröttstädt | 23.06 | 4:02:22 | 10:30 | 17 | 1:34:54 | 88 | 1:53:00 | 100.22 | 14:46:58 | 8:51 | 24 | 5:18:11 | 102 | 5:53:13 | | | | |