



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Porstner, Thomas

Club: Bad Döben
Number: 17

Course: 100.22 km
Einzellauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 14:47:03

Speed: 6.76 km/h
Running performance: 8:51 min/km

Rank in course/Total: 113 (of 246)

Rank in course/Men: 103 (of 215)

Best time in course: 8:53:45

Rank in category: 25(of 59)

Best time in the category: 9:28:47

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Men	Men			km	Time	
Glasbachwiese	27.39	3:17:51	7:13	26	1:00:38	99	1:06:54	27.39	3:17:51	7:13	26	1:00:38	99	1:06:54
Floh-Seligenthal	27.74	3:38:49	7:53	31	1:16:34	123	1:17:09	55.13	6:56:40	7:33	32	2:17:12	120	2:24:03
Finsterbergen	22.03	3:43:09	10:07	26	1:21:18	107	1:53:35	77.16	10:39:49	8:17	26	3:38:30	107	3:55:26
Fröttstädt	23.06	4:07:14	10:43	19	1:39:46	98	1:57:52	100.22	14:47:03	8:51	25	5:18:16	103	5:53:18