



9. Thüringer ULTRA  
Fröttstädt / 04.07.2015

Detailed evaluation

Heinlein, Marika

Club: 1. FC Geesdorf-Nationalteam 24 Std. Lauf  
Number: 113

Course: 100.22 km  
Einzellauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 15:05:17

Speed: 6.63 km/h  
Running performance: 9:02 min/km

Rank in course/Total: 119 (of 246)

Rank in course/Women: 11 (of 31)

Best time in course: 11:16:52

Rank in category: 2(of 8)

Best time in the category: 11:51:26

Intermediate times

Stage score

Total ranking

| Control          | Split |         |        | Pos  |         | Behind |         | Total  |          |        | Pos  |         | Behind |         |
|------------------|-------|---------|--------|------|---------|--------|---------|--------|----------|--------|------|---------|--------|---------|
|                  | km    | Time    | min/km | Cat. | Cat.    | Women  | Women   | km     | Time     | min/km | Cat. | Cat.    | Women  | Women   |
| Glasbachwiese    | 27.39 | 3:24:09 | 7:27   | 3    | 30:50   | 11     | 44:01   | 27.39  | 3:24:09  | 7:27   | 3    | 30:50   | 11     | 44:01   |
| Floh-Seligenthal | 27.74 | 3:29:48 | 7:33   | 2    | 31:15   | 10     | 40:23   | 55.13  | 6:53:57  | 7:30   | 2    | 1:02:05 | 10     | 1:24:24 |
| Finsterbergen    | 22.03 | 3:41:18 | 10:02  | 2    | 47:59   | 11     | 55:41   | 77.16  | 10:35:15 | 8:13   | 2    | 1:50:04 | 9      | 2:20:05 |
| Fröttstädt       | 23.06 | 4:30:02 | 11:42  | 5    | 1:23:47 | 19     | 1:28:20 | 100.22 | 15:05:17 | 9:01   | 2    | 3:13:51 | 11     | 3:48:25 |