



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Hanke, Werner

Club: LWV Potsdam
Number: 254

Course: 100.22 km
Einzellauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 15:07:40

Speed: 6.61 km/h
Running performance: 9:04 min/km

Rank in course/Total: 120 (of 246)

Rank in course/Men: 109 (of 215)

Best time in course: 8:53:45

Rank in category: 1(of 7)

Best time in the category: 15:07:40

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:08:41	6:53	1	-	74	57:44	27.39	3:08:41	6:53	1	-	74	57:44
Floh-Seligenthal	27.74	3:25:45	7:25	1	-	100	1:04:05	55.13	6:34:26	7:09	1	-	87	2:01:49
Finsterbergen	22.03	4:03:13	11:02	2	2:16	134	2:13:39	77.16	10:37:39	8:15	1	-	106	3:53:16
Fröttstädt	23.06	4:30:01	11:42	4	19:47	140	2:20:39	100.22	15:07:40	9:03	1	-	109	6:13:55