



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Keller, Karen

Club: Maxsain
Number: 86

Course: 100.22 km
Einzellauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 15:10:47

Speed: 6.59 km/h
Running performance: 9:05 min/km

Rank in course/Total: 122 (of 246)

Rank in course/Women: 12 (of 31)

Best time in course: 11:16:52

Rank in category: 6(of 12)

Best time in the category: 11:16:52

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Glasbachwiese	27.39	3:49:22	8:22	11	1:09:14	24	1:09:14	27.39	3:49:22	8:22	11	1:09:14	24	1:09:14
Floh-Seligenthal	27.74	3:57:48	8:34	8	1:08:23	22	1:08:23	55.13	7:47:10	8:28	8	2:17:37	22	2:17:37
Finsterbergen	22.03	3:44:53	10:12	6	59:16	12	59:16	77.16	11:32:03	8:58	6	3:16:53	15	3:16:53
Fröttstädt	23.06	3:38:44	9:29	4	37:02	7	37:02	100.22	15:10:47	9:05	6	3:53:55	12	3:53:55