



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Gass, Wolfgang

Club: Kleinmachnow
Number: 259

Course: 100.22 km
Einzellauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 15:15:19

Speed: 6.56 km/h
Running performance: 9:08 min/km

Rank in course/Total: 125 (of 246)

Rank in course/Men: 112 (of 215)

Best time in course: 8:53:45

Rank in category: 16(of 28)

Best time in the category: 10:52:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:28:31	7:36	20	50:29	134	1:17:34	27.39	3:28:31	7:36	20	50:29	134	1:17:34
Floh-Seligenthal	27.74	3:41:10	7:58	21	57:32	132	1:19:30	55.13	7:09:41	7:47	20	1:47:23	135	2:37:04
Finsterbergen	22.03	3:52:10	10:32	14	1:05:52	117	2:02:36	77.16	11:01:51	8:34	17	2:53:15	124	4:17:28
Fröttstädt	23.06	4:13:28	10:59	16	1:29:17	106	2:04:06	100.22	15:15:19	9:07	16	4:22:32	112	6:21:34