



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Pohl, Mathias

Club: LTV Erfurt
Number: 206

Course: 100.22 km
Einzellauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 15:25:50

Speed: 6.48 km/h
Running performance: 9:14 min/km

Rank in course/Total: 131 (of 246)

Rank in course/Men: 118 (of 215)

Best time in course: 8:53:45

Rank in category: 29(of 59)

Best time in the category: 9:28:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:13:32	7:03	20	56:19	87	1:02:35	27.39	3:13:32	7:03	20	56:19	87	1:02:35
Floh-Seligenthal	27.74	3:17:43	7:07	21	55:28	86	56:03	55.13	6:31:15	7:05	18	1:51:47	82	1:58:38
Finsterbergen	22.03	4:00:00	10:53	33	1:38:09	126	2:10:26	77.16	10:31:15	8:10	25	3:29:56	102	3:46:52
Fröttstädt	23.06	4:54:35	12:46	42	2:27:07	161	2:45:13	100.22	15:25:50	9:14	29	5:57:03	118	6:32:05