



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Blisse, Nina

Club: LG Mauerweg Berlin e.V.
Number: 161

Course: 100.22 km
Einzellauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 15:43:40

Speed: 6.36 km/h
Running performance: 9:25 min/km

Rank in course/Total: 138 (of 246)

Rank in course/Women: 14 (of 31)

Best time in course: 11:16:52

Rank in category: 1(of 1)

Best time in the category: 15:43:40

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:25:57	7:31	1	-	12	45:49	27.39	3:25:57	7:31	1	-	12	45:49
Floh-Seligenthal	27.74	3:54:05	8:26	1	-	18	1:04:40	55.13	7:20:02	7:58	1	-	14	1:50:29
Finsterbergen	22.03	4:03:01	11:01	1	-	16	1:17:24	77.16	11:23:03	8:51	1	-	14	3:07:53
Fröttstädt	23.06	4:20:37	11:18	1	-	17	1:18:55	100.22	15:43:40	9:24	1	-	14	4:26:48