



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Schwochert, marcus

Club: berlin
Number: 22

Course: 100.22 km
Einzellauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 15:52:15

Speed: 6.30 km/h
Running performance: 9:30 min/km

Rank in course/Total: 143 (of 246)

Rank in course/Men: 129 (of 215)

Best time in course: 8:53:45

Rank in category: 25(of 37)

Best time in the category: 9:49:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:40:28	8:02	27	1:29:31	164	1:29:31	27.39	3:40:28	8:02	27	1:29:31	164	1:29:31
Floh-Seligenthal	27.74	3:55:14	8:28	30	1:33:34	157	1:33:34	55.13	7:35:42	8:15	28	3:03:05	162	3:03:05
Finsterbergen	22.03	4:01:55	10:58	25	1:36:08	129	2:12:21	77.16	11:37:37	9:02	26	4:29:23	141	4:53:14
Fröttstädt	23.06	4:14:38	11:02	25	1:45:24	111	2:05:16	100.22	15:52:15	9:30	25	6:02:48	129	6:58:30