



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Rump, Eckhard

Club: LG Oelde/Wadersloh
Number: 190

Course: 100.22 km
Einzellauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 15:52:32

Speed: 6.30 km/h
Running performance: 9:30 min/km

Rank in course/Total: 144 (of 246)

Rank in course/Men: 130 (of 215)

Best time in course: 8:53:45

Rank in category: 36(of 59)

Best time in the category: 9:28:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:42:34	8:07	51	1:25:21	167	1:31:37	27.39	3:42:34	8:07	51	1:25:21	167	1:31:37
Floh-Seligenthal	27.74	3:55:36	8:29	44	1:33:21	158	1:33:56	55.13	7:38:10	8:18	47	2:58:42	164	3:05:33
Finsterbergen	22.03	3:58:46	10:50	31	1:36:55	124	2:09:12	77.16	11:36:56	9:01	41	4:35:37	140	4:52:33
Fröttstädt	23.06	4:15:36	11:05	25	1:48:08	116	2:06:14	100.22	15:52:32	9:30	36	6:23:45	130	6:58:47