



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Mühlenberg, Heiko

Club: Team Erdinger Alkoholfrei
Number: 29

Course: 100.22 km
Einzellauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 16:06:09

Speed: 6.21 km/h
Running performance: 9:38 min/km

Rank in course/Total: 150 (of 246)

Rank in course/Men: 133 (of 215)

Best time in course: 8:53:45

Rank in category: 37(of 59)

Best time in the category: 9:28:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:37:43	7:56	49	1:20:30	159	1:26:46	27.39	3:37:43	7:56	49	1:20:30	159	1:26:46
Floh-Seligenthal	27.74	3:51:25	8:20	42	1:29:10	154	1:29:45	55.13	7:29:08	8:08	43	2:49:40	151	2:56:31
Finsterbergen	22.03	4:10:20	11:21	41	1:48:29	150	2:20:46	77.16	11:39:28	9:03	42	4:38:09	144	4:55:05
Fröttstädt	23.06	4:26:41	11:33	33	1:59:13	134	2:17:19	100.22	16:06:09	9:38	37	6:37:22	133	7:12:24