



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Hofmann, Friedhelm

Club: Hunsrück Marathon

Number: 94

Course: 100.22 km

Einzellauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 16:07:38

Speed: 6.20 km/h

Running performance: 9:40 min/km

Rank in course/Total: 153 (of 246)

Rank in course/Men: 136 (of 215)

Best time in course: 8:53:45

Rank in category: 39(of 59)

Best time in the category: 9:28:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:42:10	8:06	50	1:24:57	166	1:31:13	27.39	3:42:10	8:06	50	1:24:57	166	1:31:13
Floh-Seligenthal	27.74	3:47:42	8:12	39	1:25:27	148	1:26:02	55.13	7:29:52	8:09	44	2:50:24	152	2:57:15
Finsterbergen	22.03	3:49:29	10:25	28	1:27:38	112	1:59:55	77.16	11:19:21	8:48	35	4:18:02	131	4:34:58
Fröttstädt	23.06	4:48:17	12:30	41	2:20:49	159	2:38:55	100.22	16:07:38	9:39	39	6:38:51	136	7:13:53