



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Martin, Alexandra

Club: TSV Prichsenstadt
Number: 147

Course: 100.22 km
Einzellauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 16:17:47

Speed: 6.14 km/h
Running performance: 9:46 min/km

Rank in course/Total: 155 (of 246)

Rank in course/Women: 18 (of 31)

Best time in course: 11:16:52

Rank in category: 2(of 3)

Best time in the category: 13:39:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:49:45	8:23	3	1:03:17	25	1:09:37	27.39	3:49:45	8:23	3	1:03:17	25	1:09:37
Floh-Seligenthal	27.74	3:49:39	8:16	3	44:18	17	1:00:14	55.13	7:39:24	8:19	3	1:47:35	19	2:09:51
Finsterbergen	22.03	4:03:41	11:03	2	32:38	17	1:18:04	77.16	11:43:05	9:06	2	1:35:41	16	3:27:55
Fröttstädt	23.06	4:34:42	11:54	2	1:03:03	20	1:33:00	100.22	16:17:47	9:45	2	2:38:44	18	5:00:55