



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Albrecht, Stefan

Club: Lauffeuer Fröttstädt
Number: 54

Course: 100.22 km
Einzellauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 16:17:47

Speed: 6.15 km/h
Running performance: 9:46 min/km

Rank in course/Total: 156 (of 246)

Rank in course/Men: 138 (of 215)

Best time in course: 8:53:45

Rank in category: 27(of 37)

Best time in the category: 9:49:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:49:46	8:23	31	1:38:49	183	1:38:49	27.39	3:49:46	8:23	31	1:38:49	183	1:38:49
Floh-Seligenthal	27.74	3:49:35	8:16	28	1:27:55	152	1:27:55	55.13	7:39:21	8:19	30	3:06:44	166	3:06:44
Finsterbergen	22.03	4:03:38	11:03	26	1:37:51	135	2:14:04	77.16	11:42:59	9:06	28	4:34:45	147	4:58:36
Fröttstädt	23.06	4:34:48	11:55	32	2:05:34	147	2:25:26	100.22	16:17:47	9:45	27	6:28:20	138	7:24:02