



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Heilers, Florian

Club: Laufsportfreunde Lausitz
Number: 243

Course: 100.22 km
Einzellauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 16:34:00

Speed: 6.04 km/h
Running performance: 9:55 min/km

Rank in course/Total: 161 (of 246)

Rank in course/Men: 142 (of 215)

Best time in course: 8:53:45

Rank in category: 21(of 31)

Best time in the category: 10:44:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:44:32	8:11	23	1:25:31	172	1:33:35	27.39	3:44:32	8:11	23	1:25:31	172	1:33:35
Floh-Seligenthal	27.74	3:43:25	8:03	20	1:13:26	135	1:21:45	55.13	7:27:57	8:07	22	2:38:57	148	2:55:20
Finsterbergen	22.03	4:19:01	11:45	24	1:50:11	161	2:29:27	77.16	11:46:58	9:09	22	4:13:46	150	5:02:35
Fröttstädt	23.06	4:47:02	12:26	23	2:02:37	156	2:37:40	100.22	16:34:00	9:55	21	5:49:22	142	7:40:15