



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Häger, Sven-Eric

Club: KNBLO-Niederlande
Number: 9

Course: 100.22 km
Einzellauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 17:09:29

Speed: 5.83 km/h
Running performance: 10:16 min/km

Rank in course/Total: 175 (of 246)

Rank in course/Men: 155 (of 215)

Best time in course: 8:53:45

Rank in category: 43(of 59)

Best time in the category: 9:28:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	4:13:09	9:14	57	1:55:56	207	2:02:12	27.39	4:13:09	9:14	57	1:55:56	207	2:02:12
Floh-Seligenthal	27.74	3:50:54	8:19	41	1:28:39	153	1:29:14	55.13	8:04:03	8:46	52	3:24:35	178	3:31:26
Finsterbergen	22.03	4:29:27	12:13	46	2:07:36	167	2:39:53	77.16	12:33:30	9:45	46	5:32:11	168	5:49:07
Fröttstädt	23.06	4:35:59	11:58	38	2:08:31	149	2:26:37	100.22	17:09:29	10:16	43	7:40:42	155	8:15:44