



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Preetz, Udo

Club: Lt Laufprojekt 2010
Number: 71

Course: 100.22 km
Einzellauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 17:48:12

Speed: 5.62 km/h
Running performance: 10:40 min/km

Rank in course/Total: 187 (of 246)

Rank in course/Men: 166 (of 215)

Best time in course: 8:53:45

Rank in category: 11(of 13)

Best time in the category: 11:51:35

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:54:58	8:34	13	1:09:26	199	1:44:01	27.39	3:54:58	8:34	13	1:09:26	199	1:44:01
Floh-Seligenthal	27.74	4:18:14	9:18	10	1:16:41	186	1:56:34	55.13	8:13:12	8:56	13	2:26:07	192	3:40:35
Finsterbergen	22.03	4:59:48	13:36	12	2:11:03	180	3:10:14	77.16	13:13:00	10:16	12	4:37:10	181	6:28:37
Fröttstädt	23.06	4:35:12	11:56	9	1:44:43	148	2:25:50	100.22	17:48:12	10:39	11	5:56:37	166	8:54:27