



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Scharnagl, Volker

Club: Tirschenreuth
Number: 135

Course: 100.22 km
Einzellauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 17:54:19

Speed: 5.58 km/h
Running performance: 10:43 min/km

Rank in course/Total: 189 (of 246)

Rank in course/Men: 168 (of 215)

Best time in course: 8:53:45

Rank in category: 9(of 12)

Best time in the category: 8:53:45

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:43:55	8:10	10	1:22:27	169	1:32:58	27.39	3:43:55	8:10	10	1:22:27	169	1:32:58
Floh-Seligenthal	27.74	4:27:08	9:37	11	1:54:19	195	2:05:28	55.13	8:11:03	8:54	11	3:16:14	190	3:38:26
Finsterbergen	22.03	4:42:57	12:50	10	2:53:23	177	2:53:23	77.16	12:54:00	10:01	10	6:09:37	176	6:09:37
Fröttstädt	23.06	5:00:19	13:01	9	2:50:57	167	2:50:57	100.22	17:54:19	10:43	9	9:00:34	168	9:00:34