



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Gleißner, Werner

Club: München
Number: 212

Course: 100.22 km
Einzellauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 17:59:22

Speed: 5.56 km/h
Running performance: 10:46 min/km

Rank in course/Total: 190 (of 246)

Rank in course/Men: 169 (of 215)

Best time in course: 8:53:45

Rank in category: 45(of 59)

Best time in the category: 9:28:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	4:00:30	8:46	56	1:43:17	205	1:49:33	27.39	4:00:30	8:46	56	1:43:17	205	1:49:33
Floh-Seligenthal	27.74	4:49:55	10:27	55	2:27:40	202	2:28:15	55.13	8:50:25	9:37	55	4:10:57	201	4:17:48
Finsterbergen	22.03	4:39:32	12:41	48	2:17:41	174	2:49:58	77.16	13:29:57	10:29	49	6:28:38	186	6:45:34
Fröttstädt	23.06	4:29:25	11:40	35	2:01:57	137	2:20:03	100.22	17:59:22	10:46	45	8:30:35	169	9:05:37