



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

George, Niels

Club: Berlin
Number: 74

Course: 100.22 km
Einzellauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 19:00:00

Speed: 5.26 km/h
Running performance: 11:22 min/km

Rank in course/Total: 192 (of 246)

Rank in course/Men: 171 (of 215)

Best time in course: 8:53:45

Rank in category: 24(of 31)

Best time in the category: 10:44:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:49:57	8:23	25	1:30:56	184	1:39:00	27.39	3:49:57	8:23	25	1:30:56	184	1:39:00
Floh-Seligenthal	27.74	4:17:47	9:17	27	1:47:48	185	1:56:07	55.13	8:07:44	8:50	26	3:18:44	186	3:35:07
Finsterbergen	22.03	5:16:55	14:23	27	2:48:05	184	3:27:21	77.16	13:24:39	10:25	27	5:51:27	184	6:40:16
Fröttstädt	23.06	5:35:21	14:32	24	2:50:56	171	3:25:59	100.22	19:00:00	11:22	24	8:15:22	171	10:06:15