



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Knauer, Daniel

Club: Brockenlaufverein Ilsenburg
Number: 228

Course: 100.22 km
Einzellauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 10:19:57

Speed: 9.70 km/h
Running performance: 6:11 min/km

Rank in course/Total: 8 (of 246)

Rank in course/Men: 8 (of 215)

Best time in course: 8:53:45

Rank in category: 3(of 23)

Best time in the category: 10:13:58

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|--------|-----|--------|--------|----------|--------|------|--------|-----|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Glasbachwiese | 27.39 | 2:32:56 | 5:35 | 2 | 11:23 | 7 | 21:59 | 27.39 | 2:32:56 | 5:35 | 2 | 11:23 | 7 | 21:59 |
| Floh-Seligenthal | 27.74 | 2:28:36 | 5:21 | 1 | - | 3 | 6:56 | 55.13 | 5:01:32 | 5:28 | 2 | 6:30 | 6 | 28:55 |
| Finsterbergen | 22.03 | 2:23:05 | 6:29 | 2 | 0:24 | 5 | 33:31 | 77.16 | 7:24:37 | 5:45 | 1 | - | 4 | 40:14 |
| Fröttstädt | 23.06 | 2:55:20 | 7:36 | 5 | 33:06 | 16 | 45:58 | 100.22 | 10:19:57 | 6:11 | 3 | 5:59 | 8 | 1:26:12 |