



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Flock, Peter

Club: Lauffeuer Fröttstädt
Number: 140

Course: 100.22 km
Einzellauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 10:44:38

Speed: 9.31 km/h
Running performance: 6:26 min/km

Rank in course/Total: 10 (of 246)

Rank in course/Men: 10 (of 215)

Best time in course: 8:53:45

Rank in category: 1(of 31)

Best time in the category: 10:44:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:33:41	5:36	2	14:40	8	22:44	27.39	2:33:41	5:36	2	14:40	8	22:44
Floh-Seligenthal	27.74	2:43:24	5:53	3	13:25	13	21:44	55.13	5:17:05	5:45	3	28:05	11	44:28
Finsterbergen	22.03	2:43:08	7:24	2	14:18	13	53:34	77.16	8:00:13	6:13	3	27:01	12	1:15:50
Fröttstädt	23.06	2:44:25	7:07	1	-	12	35:03	100.22	10:44:38	6:25	1	-	10	1:50:53