



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Thomas, Bernd

Club: MSV Eintracht Halberstadt
Number: 168

Course: 100.22 km
Einzellauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 11:25:27

Speed: 8.75 km/h
Running performance: 6:50 min/km

Rank in course/Total: 18 (of 246)

Rank in course/Men: 17 (of 215)

Best time in course: 8:53:45

Rank in category: 2(of 28)

Best time in the category: 10:52:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:38:02	5:46	1	-	15	27:05	27.39	2:38:02	5:46	1	-	15	27:05
Floh-Seligenthal	27.74	2:51:03	6:09	3	7:25	27	29:23	55.13	5:29:05	5:58	3	6:47	21	56:28
Finsterbergen	22.03	2:51:15	7:46	2	4:57	24	1:01:41	77.16	8:20:20	6:29	2	11:44	20	1:35:57
Fröttstädt	23.06	3:05:07	8:01	2	20:56	22	55:45	100.22	11:25:27	6:50	2	32:40	17	2:31:42