



9. Thüringer ULTRA  
Fröttstädt / 04.07.2015

Detailed evaluation

Hennig, Thomas

Club: Die 31er  
Number: 204

Course: 100.22 km  
Einzellauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 11:27:13

Speed: 8.75 km/h  
Running performance: 6:52 min/km

Rank in course/Total: 19 (of 246)

Rank in course/Men: 18 (of 215)

Best time in course: 8:53:45

Rank in category: 4(of 37)

Best time in the category: 9:49:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:44:28	6:00	6	33:31	28	33:31	27.39	2:44:28	6:00	6	33:31	28	33:31
Floh-Seligenthal	27.74	2:46:53	6:00	5	25:13	22	25:13	55.13	5:31:21	6:00	6	58:44	26	58:44
Finsterbergen	22.03	2:48:06	7:37	5	22:19	18	58:32	77.16	8:19:27	6:28	4	1:11:13	17	1:35:04
Fröttstädt	23.06	3:07:46	8:08	8	38:32	26	58:24	100.22	11:27:13	6:51	4	1:37:46	18	2:33:28