



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Bechmann, Rico

Club: Sonntagsläufer Tambach-Dietharz
Number: 4

Course: 100.22 km
Einzellauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 11:32:11

Speed: 8.67 km/h
Running performance: 6:55 min/km

Rank in course/Total: 22 (of 246)

Rank in course/Men: 21 (of 215)

Best time in course: 8:53:45

Rank in category: 3(of 12)

Best time in the category: 8:53:45

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Glasbachwiese | 27.39 | 2:31:05 | 5:30 | 2 | 9:37 | 6 | 20:08 | 27.39 | 2:31:05 | 5:30 | 2 | 9:37 | 6 | 20:08 |
| Floh-Seligenthal | 27.74 | 2:32:49 | 5:30 | 1 | - | 5 | 11:09 | 55.13 | 5:03:54 | 5:30 | 2 | 9:05 | 7 | 31:17 |
| Finsterbergen | 22.03 | 2:50:20 | 7:43 | 3 | 1:00:46 | 21 | 1:00:46 | 77.16 | 7:54:14 | 6:08 | 3 | 1:09:51 | 11 | 1:09:51 |
| Fröttstädt | 23.06 | 3:37:57 | 9:27 | 6 | 1:28:35 | 58 | 1:28:35 | 100.22 | 11:32:11 | 6:54 | 3 | 2:38:26 | 21 | 2:38:26 |