



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Jezewski, Gerd

Club: Apfelstät
Number: 184

Course: 100.22 km
Einzellauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 11:51:35

Speed: 8.43 km/h
Running performance: 7:06 min/km

Rank in course/Total: 30 (of 246)

Rank in course/Men: 28 (of 215)

Best time in course: 8:53:45

Rank in category: 1(of 13)

Best time in the category: 11:51:35

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:45:32	6:02	1	-	30	34:35	27.39	2:45:32	6:02	1	-	30	34:35
Floh-Seligenthal	27.74	3:01:33	6:32	1	-	47	39:53	55.13	5:47:05	6:17	1	-	38	1:14:28
Finsterbergen	22.03	2:48:45	7:39	1	-	20	59:11	77.16	8:35:50	6:41	1	-	27	1:51:27
Fröttstädt	23.06	3:15:45	8:29	2	25:16	32	1:06:23	100.22	11:51:35	7:06	1	-	28	2:57:50