



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Frenz, Michael

Club: Team Meldeläufer
Number: 260

Course: 100.22 km
Einzellauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 12:10:42

Speed: 8.21 km/h
Running performance: 7:17 min/km

Rank in course/Total: 33 (of 246)

Rank in course/Men: 31 (of 215)

Best time in course: 8:53:45

Rank in category: 11(of 37)

Best time in the category: 9:49:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:49:19	6:10	10	38:22	37	38:22	27.39	2:49:19	6:10	10	38:22	37	38:22
Floh-Seligenthal	27.74	2:56:48	6:22	12	35:08	39	35:08	55.13	5:46:07	6:16	10	1:13:30	37	1:13:30
Finsterbergen	22.03	2:56:26	8:00	9	30:39	28	1:06:52	77.16	8:42:33	6:46	9	1:34:19	30	1:58:10
Fröttstädt	23.06	3:28:09	9:01	13	58:55	44	1:18:47	100.22	12:10:42	7:17	11	2:21:15	31	3:16:57