



9. Thüringer ULTRA  
Fröttstädt / 04.07.2015

Detailed evaluation

Mai, Sybille

Club: TG Viktoria Augsburg  
Number: 123

Course: 100.22 km  
Einzellauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 12:22:49

Speed: 8.08 km/h  
Running performance: 7:25 min/km

Rank in course/Total: 37 (of 246)

Rank in course/Women: 3 (of 31)

Best time in course: 11:16:52

Rank in category: 1(of 2)

Best time in the category: 12:22:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.39	3:04:19	6:43	1	-	5	24:11	27.39	3:04:19	6:43	1	-	5	24:11
Floh-Seligenthal	27.74	3:05:41	6:41	1	-	5	16:16	55.13	6:10:00	6:42	1	-	4	40:27
Finsterbergen	22.03	2:50:56	7:45	1	-	2	5:19	77.16	9:00:56	7:00	1	-	3	45:46
Fröttstädt	23.06	3:21:53	8:45	1	-	3	20:11	100.22	12:22:49	7:24	1	-	3	1:05:57