



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Grossmann, Rainer

Club: TV Haibach

Number: 44

Course: 100.22 km

Einzellauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 12:24:18

Speed: 8.06 km/h

Running performance: 7:26 min/km

Rank in course/Total: 38 (of 246)

Rank in course/Men: 35 (of 215)

Best time in course: 8:53:45

Rank in category: 6(of 28)

Best time in the category: 10:52:47

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:58:54	6:31	9	20:52	56	47:57	27.39	2:58:54	6:31	9	20:52	56	47:57
Floh-Seligenthal	27.74	3:10:09	6:51	8	26:31	63	48:29	55.13	6:09:03	6:41	8	46:45	58	1:36:26
Finsterbergen	22.03	3:00:54	8:12	6	14:36	38	1:11:20	77.16	9:09:57	7:07	7	1:01:21	51	2:25:34
Fröttstädt	23.06	3:14:21	8:25	5	30:10	30	1:04:59	100.22	12:24:18	7:25	6	1:31:31	35	3:30:33