



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Fels, Manfred

Club: Lauffreunde Emsland
Number: 220

Course: 100.22 km
Einzellauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 12:27:46

Speed: 8.02 km/h
Running performance: 7:28 min/km

Rank in course/Total: 41 (of 246)

Rank in course/Men: 38 (of 215)

Best time in course: 8:53:45

Rank in category: 2(of 13)

Best time in the category: 11:51:35

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|--------|-----|---------|--------|----------|--------|------|---------|-----|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Glasbachwiese | 27.39 | 3:23:14 | 7:25 | 4 | 37:42 | 124 | 1:12:17 | 27.39 | 3:23:14 | 7:25 | 4 | 37:42 | 124 | 1:12:17 |
| Floh-Seligenthal | 27.74 | 3:15:12 | 7:02 | 3 | 13:39 | 78 | 53:32 | 55.13 | 6:38:26 | 7:13 | 4 | 51:21 | 96 | 2:05:49 |
| Finsterbergen | 22.03 | 2:58:51 | 8:07 | 2 | 10:06 | 35 | 1:09:17 | 77.16 | 9:37:17 | 7:28 | 3 | 1:01:27 | 63 | 2:52:54 |
| Fröttstädt | 23.06 | 2:50:29 | 7:23 | 1 | - | 13 | 41:07 | 100.22 | 12:27:46 | 7:27 | 2 | 36:11 | 38 | 3:34:01 |