



# 9. Thüringer ULTRA

Fröttstädt / 04.07.2015

## Detailed evaluation

Fels, Manfred

Club: Lauffreunde Emsland  
Number: 220

Course: 100.22 km  
Einzellauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 12:27:46

Speed: 8.04 km/h  
Running performance: 7:28 min/km

Rank in course/Total: 41 (of 246)

Rank in course/Men: 38 (of 215)

Best time in course: 8:53:45

Rank in category: 2(of 13)

Best time in the category: 11:51:35

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:23:14	7:25	4	37:42	124	1:12:17	27.39	3:23:14	7:25	4	37:42	124	1:12:17
Floh-Seligenthal	27.74	3:15:12	7:02	3	13:39	78	53:32	55.13	6:38:26	7:13	4	51:21	96	2:05:49
Finsterbergen	22.03	2:58:51	8:07	2	10:06	35	1:09:17	77.16	9:37:17	7:28	3	1:01:27	63	2:52:54
Fröttstädt	23.06	2:50:29	7:23	1	-	13	41:07	100.22	12:27:46	7:27	2	36:11	38	3:34:01