



9. Thüringer ULTRA  
Fröttstädt / 04.07.2015

Detailed evaluation

Woitynek, Martin

Club: KSP Kniebeuge 98 e.V.  
Number: 37

Course: 100.22 km  
Einzellauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 12:36:50

Speed: 7.93 km/h  
Running performance: 7:33 min/km

Rank in course/Total: 44 (of 246)

Rank in course/Men: 41 (of 215)

Best time in course: 8:53:45

Rank in category: 7(of 31)

Best time in the category: 10:44:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:54:48	6:22	8	35:47	47	43:51	27.39	2:54:48	6:22	8	35:47	47	43:51
Floh-Seligenthal	27.74	3:14:23	7:00	10	44:24	76	52:43	55.13	6:09:11	6:41	8	1:20:11	59	1:36:34
Finsterbergen	22.03	3:07:58	8:31	8	39:08	53	1:18:24	77.16	9:17:09	7:13	9	1:43:57	54	2:32:46
Fröttstädt	23.06	3:19:41	8:39	5	35:16	37	1:10:19	100.22	12:36:50	7:33	7	1:52:12	41	3:43:05