



9. Thüringer ULTRA  
Fröttstädt / 04.07.2015

Detailed evaluation

Heinkelein, Michael

Club: mespelbrunn  
Number: 36

Course: 100.22 km  
Einzellauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 12:42:14

Speed: 7.87 km/h  
Running performance: 7:37 min/km

Rank in course/Total: 49 (of 246)

Rank in course/Men: 46 (of 215)

Best time in course: 8:53:45

Rank in category: 6(of 23)

Best time in the category: 10:13:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:01:11	6:36	9	39:38	58	50:14	27.39	3:01:11	6:36	9	39:38	58	50:14
Floh-Seligenthal	27.74	3:00:08	6:29	7	31:32	46	38:28	55.13	6:01:19	6:33	8	1:06:17	48	1:28:42
Finsterbergen	22.03	2:59:58	8:10	5	37:17	37	1:10:24	77.16	9:01:17	7:00	7	1:36:40	44	2:16:54
Fröttstädt	23.06	3:40:57	9:34	10	1:18:43	66	1:31:35	100.22	12:42:14	7:36	6	2:28:16	46	3:48:29