



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Meier, Olaf

Club: Lauf- und Triathlonverein Genthin
Number: 114

Course: 100.22 km
Einzellauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 12:51:11

Speed: 7.78 km/h
Running performance: 7:41 min/km

Rank in course/Total: 52 (of 246)

Rank in course/Men: 49 (of 215)

Best time in course: 8:53:45

Rank in category: 15(of 37)

Best time in the category: 9:49:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:55:11	6:23	14	44:14	49	44:14	27.39	2:55:11	6:23	14	44:14	49	44:14
Floh-Seligenthal	27.74	2:59:57	6:29	15	38:17	44	38:17	55.13	5:55:08	6:26	12	1:22:31	43	1:22:31
Finsterbergen	22.03	3:08:33	8:33	16	42:46	54	1:18:59	77.16	9:03:41	7:02	16	1:55:27	49	2:19:18
Fröttstädt	23.06	3:47:30	9:51	20	1:18:16	74	1:38:08	100.22	12:51:11	7:41	15	3:01:44	49	3:57:26