



9. Thüringer ULTRA

Fröttstädt / 04.07.2015

Detailed evaluation

Armenat, Martin

Club: Triathlon Friedrichroda e.V.
Number: 81

Course: 100.22 km
Einzellauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 8:53:45

Speed: 11.24 km/h
Running performance: 5:20 min/km

Rank in course/Total: 1 (of 246)

Rank in course/Men: 1 (of 215)

Best time in course: 8:53:45

Rank in category: 1(of 12)

Best time in the category: 8:53:45

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:21:28	5:09	1	-	4	10:31	27.39	2:21:28	5:09	1	-	4	10:31
Floh-Seligenthal	27.74	2:33:21	5:31	2	0:32	6	11:41	55.13	4:54:49	5:20	1	-	4	22:12
Finsterbergen	22.03	1:49:34	4:58	1	-	1	-	77.16	6:44:23	5:14	1	-	1	-
Fröttstädt	23.06	2:09:22	5:36	1	-	1	-	100.22	8:53:45	5:19	1	-	1	-