



9. Thüringer ULTRA
Fröttstädt / 04.07.2015

Detailed evaluation

Tramm, Boris

Club: München
Number: 43

Course: 100.22 km
Einzellauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 12:54:50

Speed: 7.74 km/h
Running performance: 7:44 min/km

Rank in course/Total: 54 (of 246)

Rank in course/Men: 51 (of 215)

Best time in course: 8:53:45

Rank in category: 9(of 23)

Best time in the category: 10:13:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:23:48	7:26	20	1:02:15	128	1:12:51	27.39	3:23:48	7:26	20	1:02:15	128	1:12:51
Floh-Seligenthal	27.74	3:09:46	6:50	9	41:10	60	48:06	55.13	6:33:34	7:08	12	1:38:32	86	2:00:57
Finsterbergen	22.03	3:04:43	8:23	8	42:02	48	1:15:09	77.16	9:38:17	7:29	11	2:13:40	66	2:53:54
Fröttstädt	23.06	3:16:33	8:31	6	54:19	34	1:07:11	100.22	12:54:50	7:43	9	2:40:52	51	4:01:05