



8. Via Solutions Wartburg Staffel

Auf dem Pummälzweg zur Wartburg und zurück / 20.09.2015

Detailed evaluation

Road Runners Frauensee

Club: Road Runners Frauensee

Number: 11

Course: 53.70 km

VIA SOLUTION Wartburg-Staffel-Lauf (5x11 km)

Category:

Männerstaffel Lauf

Total time: 4:39:29

Speed: 11.38 km/h

Running performance: 5:12 min/km

Rank in course/Total: 7 (of 14)

Rank in course/Men: 7 (of 13)

Best time in course: 3:41:30

Rank in category: 7(of 13)

Best time in the category: 3:41:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Gumpelstadt 1	10.50	48:21	4:36	7	7:00	7	7:00	10.50	48:21	4:36	7	7:00	7	7:00
Gumpelstadt 2	10.90	59:43	5:28	8	20:22	8	20:22	21.40	1:48:04	5:02	8	21:35	8	21:35
Hubertushaus	10.50	59:51	5:42	7	11:19	7	11:19	31.90	2:47:55	5:15	7	32:54	7	32:54
Wartburg	10.90	51:20	4:42	6	14:05	6	14:05	42.80	3:39:15	5:07	8	42:05	8	42:05
Hubertushaus	11.60	1:00:14	5:11	7	15:54	7	15:54	53.70	4:39:29	5:12	7	57:59	7	57:59