



Wachsenburg-CROSSing 4km Lauf

Amt Wachsenburg / 13.09.2015

Detailed evaluation

Möller, Hannah

Club: Luisenthaler Sportverein e. V.

Number: 22

Course: 4.60 km

Hauptlauf

Category:

Jugendliche U18

Total time: 23:18

Speed: 11.85 km/h

Running performance: 5:04 min/km

Rank in course/Total: 10 (of 36)

Rank in course/Women: 1 (of 7)

Best time in course: 23:18

Rank in category: 1(of 2)

Best time in the category: 23:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Runde	2.30	11:16	4:53	1	-	1	-	2.30	11:16	4:53	1	-	1	-
Finish	2.30	12:02	5:13	1	-	1	-	4.60	23:18	5:03	1	-	2	2:59