



Wachsenburg-CROSSing 4km Lauf

Amt Wachsenburg / 13.09.2015

Detailed evaluation

Rott, Theresa

Total time: 25:52

Club: LSV Lok Arnstadt Gewinner Facebook Teilnehmer Speckart

Speed: 10.28 km/h

Number: 24

Running performance: 5:37 min/km

Course: 4.60 km

Rank in course/Total: 16 (of 36)

Hauptlauf

Rank in course/Women: 2 (of 7)

Category:

Rank in category: 2(of 2)

Jugendliche U18

Best time in the category: 23:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.30	12:23	5:23	2	1:07	2	1:07	2.30	12:23	5:23	2	1:07	2	1:07
Finish	2.30	13:29	5:51	2	1:27	2	1:27	4.60	25:52	5:37	2	2:34	3	5:33