



Wachsenburg-CROSSing 4km Lauf

Amt Wachsenburg / 13.09.2015

Detailed evaluation

Weiss, Marco

Club: DTC for Life

Number: 18

Course: 4.60 km

Hauptlauf

Category:

Männer U35

Total time: 26:28

Speed: 9.07 km/h

Running performance: 5:45 min/km

Rank in course/Total: 20 (of 36)

Rank in course/Men: 18 (of 29)

Best time in course: 16:51

Rank in category: 6(of 8)

Best time in the category: 16:51

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.30	13:15	5:45	6	5:08	20	5:08	2.30	13:15	5:45	6	5:08	20	5:08
Finish	2.30	13:13	5:44	2	4:29	13	4:29	4.60	26:28	5:45	6	9:37	18	9:37