



# Wachsenburg-CROSSing 4km Lauf

Amt Wachsenburg / 13.09.2015

## Detailed evaluation

**Schwab, Robert**

Club: Holzhausen

Number: 26

Course: 4.60 km

Hauptlauf

Category:

Männer

Total time: 26:10

Speed: 9.17 km/h

Running performance: 5:41 min/km

Rank in course/Total: 18 (of 36)

Rank in course/Men: 16 (of 29)

Best time in course: 16:51

Rank in category: 2(of 4)

Best time in the category: 22:14

## Intermediate times

## Stage score

## Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.30	12:28	5:25	2	1:47	15	4:21	2.30	12:28	5:25	2	1:47	15	4:21
Finish	2.30	13:42	5:57	2	2:09	18	4:58	4.60	26:10	5:41	2	3:56	16	9:19