



Wachsenburg-CROSSing 4km Lauf

Amt Wachsenburg / 13.09.2015

Detailed evaluation

Stengel, Jürgen

Club: SG 1960 Bittstädt e.V.

Number: 14

Course: 4.60 km

Hauptlauf

Category:

Männer U65

Total time: 40:27

Speed: 5.93 km/h

Running performance: 8:47 min/km

Rank in course/Total: 34 (of 36)

Rank in course/Men: 29 (of 29)

Best time in course: 16:51

Rank in category: 1(of 1)

Best time in the category: 40:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.30	16:08	7:00	1	-	28	8:01	2.30	16:08	7:00	1	-	28	8:01
Finish	2.30	24:19	10:34	1	-	29	15:35	4.60	40:27	8:47	1	-	29	23:36