



Wachsenburg-CROSSing 4km Lauf
Amt Wachsenburg / 13.09.2015

Detailed evaluation

Manzke, Helena Danae

Club: Grundschule Plaue
Number: 42

Course: 1.00 km
Junior-Cross

Category:
weibliche Kinder U10 (8-9 Jahre)

Total time: 5:43

Speed: 10.50 km/h
Running performance: 5:43 min/km

Rank in course/Total: 3 (of 15)

Rank in course/Women: 1 (of 7)

Best time in course: 5:43

Rank in category: 1(of 3)

Best time in the category: 5:43