



Wachsenburg-CROSSing 4km Lauf

Amt Wachsenburg / 13.09.2015

Detailed evaluation

Hildesheim, Marcus

Club: SV 02 Arnstadt

Number: 35

Course: 4.60 km

Hauptlauf

Category:

Jugendliche U18

Total time: 22:34

Speed: 10.64 km/h

Running performance: 4:55 min/km

Rank in course/Total: 8 (of 36)

Rank in course/Men: 8 (of 29)

Best time in course: 16:51

Rank in category: 2(of 5)

Best time in the category: 19:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.30	10:51	4:43	2	1:27	8	2:44	2.30	10:51	4:43	2	1:27	8	2:44
Finish	2.30	11:43	5:05	2	1:57	7	2:59	4.60	22:34	4:54	2	3:24	8	5:43